

Please visit our website (www.shsmusic.org) for more information about the bands, the marching band handbook, auxiliary ensembles, etc.

MONDAY, AUGUST 14
Students helping load the truck need to be at Stevenson by 9 a.m. All other band members need to report to the band room by 10 a.m. The bus will leave Stevenson @ 10:30 a.m. Students are responsible for loading their own luggage and instruments onto the equipment trailer.

Since we are traveling during lunch time, the buses will stop in Clio, MI for lunch. Students should bring money to purchase their lunch on Monday.

## MEALS

Three meals will be provided daily. Our first meal at camp will be dinner on Monday. The final meal will be lunch on Friday. There are beverage vending machines at camp and a camp store/ice cream shop that may be open during free time (in the center of camp)-if interested, students should bring spending money.

If there are any special dietary requirements, they should have been indicated when you completed the Marching Band registration form. We will communicate dietary needs to the camp and attempt to meet all special needs.

## CAMP STAFF

Adult chaperones will be at camp at all times in addition to the camp staff, coaches, and our band director. A trained medical person will be at camp at all times.

## CABINS

The girls' cabins have a shower, sink, and indoor toilet in each cabin. The boys' cabins, which house a slightly larger capacity, have 1~2 showers, sink, and indoor toilets. There is also a shower house located near our cabins that individuals may use. There is NO reason to go without washing. Please do not wait until you are told to shower. All cabins are bunk style sleeping facilities. Individuals will need to bring bedding and pillow for their bed and bath supplies/towel.

## MUSICAL INSTRUMENTS

You must bring your own musical instrument. Wood instruments are not advised. If you need to use a school instrument, arrangements must be made in advance. You will need to bring all of the supplies you need (reeds, oil, etc.) for the entire camp stay. These will not be available at camp. You will also need a music lyre that is appropriate for your instrument, a
plastic flip folder to hold the music, and rubber bands to hold music in place. Any music center can help you select the proper music lyre. Pencils (bring a sharpener) are required and multi~color highlighters are encouraged for marking music. Coordinate sheets (the size of a $1 / 4$ of $8.5 \times 11$ paper) for your drill will be provided. You may want to get a plastic pouch and a shoelace or lanyard to hold your coordinate sheet so you can wear it around your neck during practices. We also suggest a fabric tool belt to carry your poker chips, pencil, sunglasses, sunscreen, etc. while on the field.

## SUGGESTED CLOTHING

Clothing for both warm and cool weather (clothing must be appropriate for school activities - NO tank tops, short shorts, etc.), raincoat or poncho, plenty of socks, hat, bandana (to keep the sun off the back of your neck), comfortable tennis shoes (two pair if possible), two plastic garbage bags (one for dirty clothing and one for wet clothing). A more detailed packing list can be found in this packet.

Covenant Hills Camp Dress Guidelines:
Campers dressed inappropriately will be asked to change.

- No tight or revealing clothing
- No low~cut jeans or shirts
- Shorts must have at least a $31 / 2 "$ inseam
- No loose~fitting tank tops, no muscle shirts and no spaghetti strap tops
- No gaps between shirts and shorts/pants
- Cover ups must be worn to and from the waterfront
- No bare~midriff (bikinis) or revealing one~piece swim suits for girls over age 9
- No "Speedo style"/ bikini $\sim$ style swimsuits for males
- Shoes and shirts must be worn in the dining hall


## SUGGESTED MISCELLANEOUS ITEMS

Sunscreen, insect repellent, cards, books, recreation items, flashlight, batteries, sunglasses, personal toiletries, towels, pillow, sleeping bag or linens and blankets, money for free~time snacks/beverages (No glass containers are allowed at camp). Cell phone service in the camp has improved, although (depending on provider) service could be intermittent depending on location in camp where phone is used.

## OTHER

- Emergency phone numbers will be provided at a later date.
- All individuals who require medication while at camp must have medication on file (on medical form) prior to leaving for camp.
- ALL forms must be turned in by August 7, 2023. The additional form in this packet is the only one can be turned in later - August 9, 2023.

For more information or if you have questions please contact:

John Rae<br>Band Camp Chairperson \& LSMB Vice President<br>johnnyrae@gmail.com<br>Heather Wickman<br>Director of Bands<br>hwickman@livoniapublicschools.org

## STEVENSON MARCHING SPARTANS <br> RULES \& REGULATIONS

1. Punctual, mandatory attendance at all scheduled activities and practices.
2. Follow all work/clean up assignments.
3. Students may not leave camp for any reason without permission from Mrs. Wickman. This includes leaving with a parent or chaperone before camp ends.
4. Students will be responsible for damage to camp and/or personal property.
5. Hazing, initiation, or any other kind of intimidation to any person is strictly forbidden. Students involved in this type of activity will be sent home immediately and banned from marching band.
6. Possession of alcohol, drugs, or cigarettes is not permitted. Students who bring illegal substances to camp will be sent home immediately, suspended at the start of the school year, and dropped from marching band permanently.
7. Knives, firearms, or weapons of any type are not permitted.
8. Use of cars by students during camp is not permitted. This includes riding in cars driven by staff members.
9. Students must remain in cabins after "lights out". Should you need to leave the cabin, you must be accompanied by a chaperone.
10. Disrespect or rudeness to the director, field instructors, chaperones, or camp staff will not be tolerated.
11. Students must follow the Covenant Hills dress guidelines at camp.
12. All camp participants will abide by the camp quiet hours, which are from 11:00pm - 7:00am for the courtesy of other guests and neighbors.
13. Breaking any rules will result in camp dismissal. Parents will be contacted to pick up the student immediately.

By participation in Band Camp, students agree to abide by the above rules.
As this is a school activity, all Stevenson rules apply just as if the students were on school property, including dress code.

Discipline at camp, which may result from disrespectful or untrustworthy behavior, includes a loss of privileges, such as free time, during camp. Students who continue to pose problems for chaperones, and therefore jeopardize the safety of themselves and others, may be dismissed from camp at any time. NOTE: all policies of Covenant Hills Camp regarding behavior and dress apply to all participants.

## Limit of Sponsors' Responsibilities

While all will be done to ensure the comfort, health, and safety of the participants, it must be realized that there are limitations to the responsibilities of sponsors if participants choose to act in a way that is detrimental to themselves and to the rights and well-being of others. In particular, program sponsors cannot:

1. Monitor or control all of the daily personal decisions, choices, and activities of individual participants.
2. Prevent participants from engaging secretly in illegal, dangerous, or unwise activities.

I understand the expectations, possible consequences, and limits outlined by the sponsors of Marching Band Camp.

Student Signature
Date
$\qquad$

# Packing List: Band Camp <br> 5 days, 4 nights 

- 2-3 towels
- Washcloth
- 1 set of twin sheets (fitted, flat)
- Pillow with pillowcase
- Blanket or sleeping bag
- Reusable water bottle with your name clearly marked


## Keep an eye on the weather forecast and pack accordingly!

- Shorts - bring enough for 5 days, +1 extra change of clothes (must be mid-thigh-NO short shorts!)
- T-shirts - bring enough for 5 days, +1 extra change of clothes (no tank tops)
- Sweat pants (if needed)
- Shorts/pants \& t-shirt for sleeping
- Sneakers (with good support!) (you might also bring an extra pair if you have them)
- Swimsuit and cover up (PER CAMP RULES: GIRLS - absolutely NO bikinis or bare midriffs; BOYS - NO speedos) Note: swimming as a free-time activity is tentativethis activity will not be an option if no camp lifeguard is available.
- Flip-flops or sandals for cabin/bathroom/free time
- Sweatshirt or jacket
- Undergarments
- Socks (pack an extra pair or two)
- Hat or visor
- Sunglasses
- Rain poncho
- Umbrella
- 2-3 plastic shopping or garbage bags for dirty/wet clothes and shoes
- Toothbrush
- Toothpaste
- Floss
- Hair brush/comb
- Shaving supplies
- Soap
- Shampoo/conditioner
- Deodorant
- Sunscreen
- Bug spray
- Nail file
- Nail clippers
- Small pack of tissues

Please keep your toiletry items in a bag (marked with your name) so you can carry them to and from the bathroom.

## Specialty items:

- For contact lens wearers: saline, extra contacts, case, eye drops
- Glasses/case
- Retainer
- Medication (be sure to fill out appropriate paperwork)
- Face cleanser, soap, hair product, lotion, lip balm, makeup
- Hair dryer
- Hair accessories (i.e., elastics)
- Other personal items
(Leave all valuable jewelry, etc. at home!)
- Instrument/case/music
- Flipbook
- Lyre
- Pencil and highlighters
- Poker chips
- Dot book binder (5.5 x 8.5) and sheet protectors
- Shoelace or lanyard
- Fabric tool belt
- Rubber bands
- Photo identification
- Phone/charger
- Headphones
- Flashlight
- Book for free time
- Portable games for free time (i.e., cards)
- Pen/Paper

Note: Mark as many items as you can with your name!
Please be mindful of your belongings and keep them contained and organized. Remember that it's not just your space-you are sharing the cabin with a number of roommates!

## GENERAL DAILY CAMP SCHEDULE

| 7:30-8:15a | Breakfast | $4: 30-5: 50 \mathrm{p}$ | MARCHING |
| :--- | :--- | :--- | :--- |
| 8:25-11:35a | MARCHING | $6: 00-6: 45 \mathrm{p}$ | Dinner |
| 11:45-12:30p | LUNCH | $7 \mathrm{p}-8: 30 \mathrm{p}$ | MARCHING |
| 12:30-2:15p | Sectionals | $8: 30-10 \mathrm{p}$ | Evening Activity |
| 2:15-3:00p | Music Rehearsal | $10: 15 \mathrm{p}$ | In cabins |
| 3:00-4:30p | Free Time | $10: 45 \mathrm{p}$ | Taps \& lights out |

# Stevenson Marching Spartans <br> Pre-Camp August 9, 10, and 11 

Welcome to the 2023-2024 Stevenson Marching Band Season! We hope you are having a great summer. This year we will be presenting Motown as our half time and competition show. It will be a challenge, but we can't wait to get started. Here are some helpful hints to get you ready for pre camp.

## Eat Breakfast - Bring a Snack!

Marching and being in the heat on an empty stomach is not a good idea. Include protein in your breakfast to help you keep your energy up and avoid dairy as it can upset your stomach. We need you to be healthy, happy, and ready to go. We also encourage you to bring a quick snack to help keep your energy up in morning marching rehearsal.

## Bring Water

We can't stress enough the importance of drinking water. Since you will be out in the sun marching most of the day, you will be sweating and becoming dehydrated. You must replace the fluids in your body. Since water bottles will NOT be provided, you MUST bring water to camp every day. There will be jugs of tap water on the practice field to refill bottles on your breaks.

## Marching Shoes

Tennis shoes must be worn at all marching band practices. Sandals, flip-flops, dress shoes, or any shoes other than lace up athletic shoes are not adequate for band camp marching. If you come to practice in inadequate shoes, your parent will be contacted to bring you shoes. Performance shoes are to be worn at performances only, not at camp.

## Clothes

Dress in modest, comfortable clothes (athletic shorts are recommended for ease of mobility). We spend the majority of our time outdoors, so dress for the weather. Although it will be hot, shirts are required on both guys and girls. No swimsuits will be allowed. Bare midriffs, spaghetti straps, low cut tops, and short shorts will not be tolerated. Sunglasses, hats, and sunscreen are strongly recommended for outside.

## Practice Necessities

Since a great deal of our rehearsal time will be spent outside, you will need to purchase a flipbook and lyre for your music. These can be purchased at any local music store such as Marshall's or Cameron's. In addition, be sure to bring a pencil to every practice. You will be charting your drill sets in your dot book and making notes in your music at EVERY rehearsal.

## Lunch

You will be given an hour for lunch. This time can be used as you wish. We do not recommend playing sports, due to possible injury and over exertion. Meals will not be available at school to purchase. So brown bag it, go home for lunch, or go out with your friends, but remember you must be back on time. Lunch is usually from 12 noon to 1 p.m. Please place trash in the proper receptacles. Keep the lawn, practice field, band room, and hallways clean.

## Parking/Drop off

All band camp personnel; will park in the west parking lot. The parking spaces in front of the school are reserved for administrators, secretaries, and visitors. Students riding bicycles to camp should secure (lock) them to the bicycle racks located on the east and west sides of the building.

## Attendance

Attending ALL practices for the entire scheduled time is extremely important. Our show depends on every individual participating fully to create the designs and support the sound on the field. We know illness and emergencies cannot be avoided. If you find yourself in one of these situations, contact Mrs. Wickman.

We are looking forward to another fun-filled and productive season for the Marching Spartans of Stevenson High School. Have a great summer!

Nash Abrahams<br>Drum Major

## Tips, Hints, and Helpful Information for Marching Band Families

- Marching Band students must be in a curricular band or orchestra class each year to participate in Marching Band (with the exception of Color Guard).
- Parents who volunteer or chaperone band students must complete the district online iChat form. This form is updated by the LPS district each year. If you plan to volunteer during the marching band season of for other activities later in the year, you will need to complete and submit the form before you can be cleared to volunteer. The processing time the district requires for the iChat form is $2 \sim 3$ weeks. If you are chaperoning band camp, it is imperative that the iChat form is processed prior to camp. Once you have been cleared for one Livonia Public Schools chaperone or volunteer activity, you will not need to fill out another iChat form until the following school year.
- Besides the Band Camp costs, there are minimal associated costs that are required for a student to participate in Marching Band. These include but are not limited to shoes for new members and those needing replacements, gloves, color guard tunic, marching lyre, flip book, page protectors for dot books, and beret for sousaphone members. Students will need solid black socks for marching. Each Marching Band student will receive, at no cost, one show T-shirt as a part of their uniform.
- Marching Band practices are mandatory for students and usually held in the fall on Tuesdays, Wednesdays, and Thursdays after school ( 6 to 8 hours per week practice commitment) Color Guard and drumline may have additional practices during the season.
- Marching Band students are required to stay after practices and home games for cleanup. Chore duty is divided by instrument sections throughout the season, with sections alternating the days they have the duty.
- Home Games are mandatory for Marching Band students. Students are required to arrive at 6:00pm for warm - up and inspection. Marching Band students sit together in the bleachers (the first section of the home bleachers) and are not allowed to leave (except for the restroom with permission). Band families usually sit in the 2nd section of the bleachers. There will be a sign up for band families to donate snacks and water for the home games.
- There is no cost for Marching Band students to attend home and away games, but band families must pay entrance costs. Stevenson offers both a one-time entrance pass and a yearly entrance pass (if your child(ren) participates in any athletics, it may be more cost effective to purchase a yearly entrance pass).
- The Stevenson Marching Band's main purpose is performance and support for football games, so the bulk of the commitment is during the fall term. However, it is a YEAR LONG commitment. The Marching Band participates during school day spirit events and/or pep assemblies yearround. They also perform 2~3 times during the spring semester (Collage Concert, Band~O~Rama, and the Memorial Day Ceremony).
- It has been a tradition that Marching Band students attend after game get-togethers at students’ homes. These privately hosted events are for Marching Band students only and hosted by individual families.

